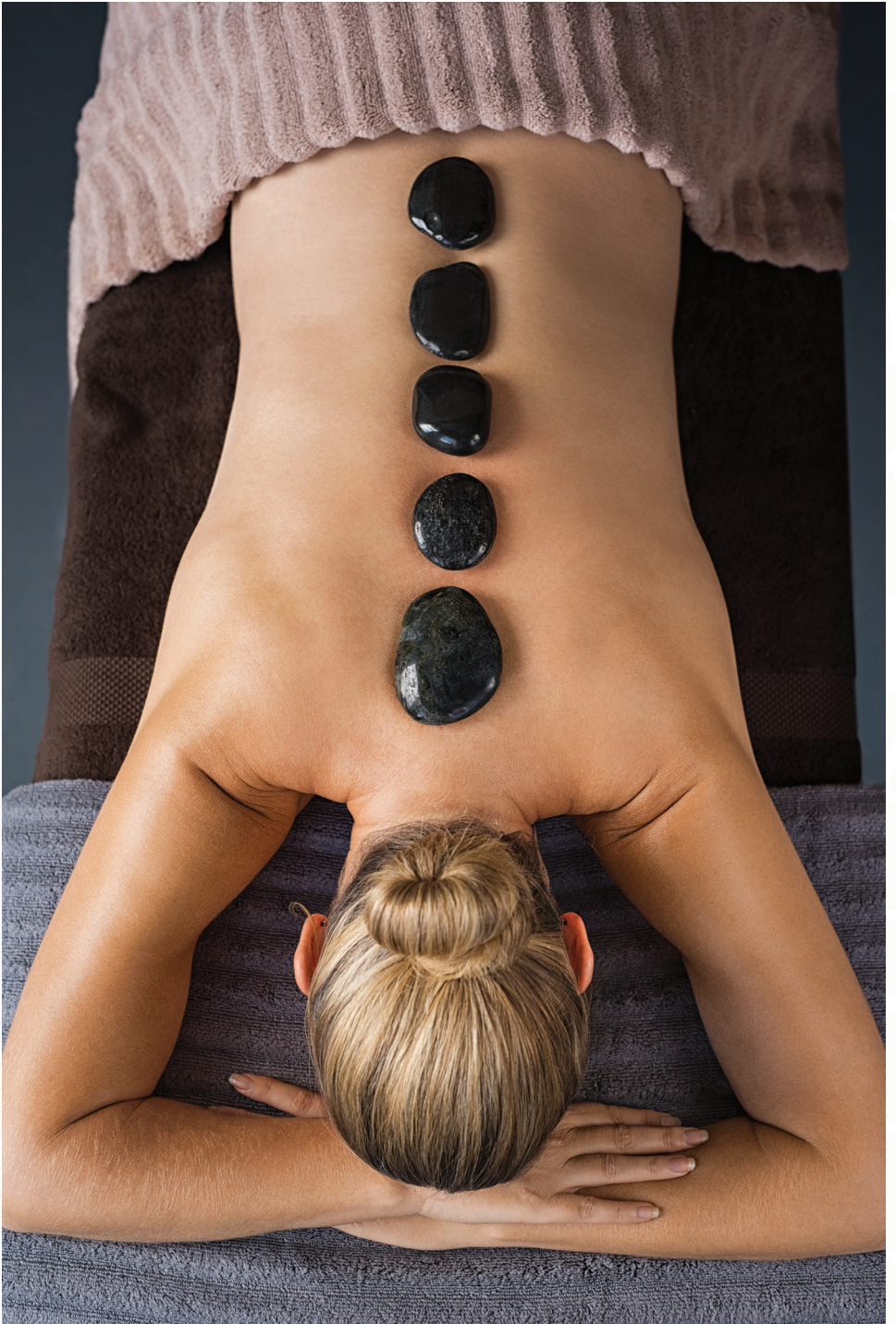




AFRICAN HILLS
SAFARI LODGE & SPA

Spa Menu

Valid 1 November 2025 – 31 October 2026



SPA ETIQUETTE & GUIDELINES

- Treatments are carefully planned to accommodate the needs of each guest, please allow enough time for your experience and arrive 15 Min prior to your appointment.
- Late appointments will be completed in the allocated time and the fee will remain unchanged.
- Please be sure to inform your therapist if you have any allergies /injuries that may affect your chosen treatments or if you are pregnant.
- A 50% deposit is required to secure your treatment reservation. Please see your invoice for details. Please note that African Hills Safari Lodge & Spa is a cashless property. Payment via EFT, Debit card and all major credit cards are accepted.
- Please inform the spa at least 48 Hrs. in advance should you wish to change or cancel your booking. No shows & late cancellations will result in a 100% cancellation charge.
- We encourage you to leave any valuables at home to ensure safe keeping.
- Please switch off your mobile phone while in the spa area.
- We offer a double treatment suite where you can enjoy treatments with your partner or friend. Please be sure to let the spa know should you wish to book this in advance. Subject to availability.
- Proper swimwear must be worn at all times while enjoying our Spa facilities. We will provide you with a locker, gown, slippers & towels.
- Should you wish to enjoy breakfast or lunch with us, please book 24 Hrs in advance & inform us of any specific dietary requirements.
- Please note that African Hills Safari Lodge & Spa trades Monday to Sunday 8h00 to 17h00.

MASSAGE

Indian Head & Scalp (30min) <i>Relaxing pressure point massage</i>	R 555
Khoi Khoi Back (30/60min) <i>Medium to deep back, neck & shoulder massage</i>	R 555 / R 900
African Touch (60/90min) <i>Signature African calabash massage</i>	R 900 / R1115
Rolling Sands (60/90min) <i>Medium to deep pressure massage</i>	R 900 / R1115
Ancient Scent (60/90min) <i>Pre-blended aroma oils</i>	R 900 / R1115
Kalahari Sun (60/90min) <i>Deep therapeutic massage using heated basalt stones</i>	R 900 / R1115
Bellabaci (60/90min) <i>Ancient cupping therapy</i>	R 900 / R1115
Pre-natal (60min) <i>Relaxing pre-natal massage</i>	R 900
Reflexology (30min) – subject to availability <i>Stimulating pressure point treatment on the feet</i>	R 600

FACIAL

Tailor made facials to suit your skin type

Classic Facials (60min) <i>Hydrating, Balancing or Detoxing Skin treatment.</i>	R 885
Advanced Facials (90min) <i>Age defying, uplifting and youth enhancing</i>	R 1040
Facial Enhancers Eye Slices Treatment	R 220
Firming, Anti-aging mask	R 145

BODY

African Cocoon (60min)

A healing wrap to soothe, hydrate and nourish the skin

R 815

Desert Glow Body Exfoliation (30min)

A gentle exfoliation to soften, remove dead skin cells, hydrate and nourish.

R 505



GROOMING TREATMENTS

Hands

Hand Treatment (30min)
Exfoliation & massage

R 370

Hand Grooming (60min)
Includes buff & shine

R 405

Spa Manicure (60min)
Full Hand Grooming that includes polish

R 430

Feet

Foot Treatment (40min)
Exfoliation & massage

R 405

Foot Grooming (40min)
Includes buff & shine

R 430

Spa Pedicure (60min)
Full Foot Grooming that includes polish

R 490

Deluxe Pedicure (75min)
Includes foot peel

R 545

Grooming add ons

Paraffin Mask

R 125

Medi Heel Peel

R 220

Gelish Polish (application only)

R 295

Soak off & buff

R 145



WAXING & TINTING TREATMENTS

Lip, Chin, Brow wax
Eye Lash Tint
Eye Brow Tint
Lash & Brow Tint

R 125 ea
R 130
R 125
R 220

Other waxing on request. Subject to availability

SPA JOURNEYS

The Legend Lingers (2 hrs)

R 1 620 pp

- 30 min Khoi Khoi Massage
- 30 min Indian Head Massage
- 30 min Hand Massage
- 30 min Foot Massage

Journey to Africa (2hrs)

R 1 805 pp

- 30 min Desert Glow Exfoliation
- 30 min Indian Head & Scalp
- 60 min Rolling Sands Massage
- Light lunch (*Beverages not included*)

Penda Couple's Treat (3hrs)

R 4 325 per couple

- 90 min Rolling Sands Massage
- 60 min Classic Facial
- 30 min Foot Treatment
- Light Lunch (*Beverages not included*)

African Romance Package (4hrs)

R 6 385 per couple

- 60 min African Cocoon
- 60 min Massage of choice
- 60 min Skin Specific Facial
- 60 min Spa Pedicure OR Spa Manicure
- Light Lunch (*Beverages not included*)
- Home Treat

OVERNIGHT EXPERIENCES

Ndlovu Overnight Spa Package (Sun-Thurs only)

Sharing: R 5 135 pp
Single: R 6 625 pp

- 1 Night stay- incl dinner & breakfast & Spa Treatments
- 60min Rolling Sands Massage
- 60min Classic Facial
- 60min Spa Pedicure
- Light lunch (*Beverages not included*)
- Game Drive OR Elephant Experience

Ukulala Overnight Spa Package (Sun - Thurs only)

Sharing: R 3 655 pp
Single: R 5 135 pp

- 1 Night stay - incl dinner & breakfast & Spa Treatments
- 60min Rolling Sands Massage
- 60 min Spa Pedicure
- Light lunch (*Beverages not included*)

Ukulala 2 Night Spa Package (Fri – Sun only)

Sharing: R 6 000pp
Single: R 8 520pp

- 2 Night stay - incl dinner & breakfast & Spa Treatments
- 60min Rolling Sands Massage
- 60 min Spa Pedicure
- Light lunch (*Beverages not included*)



2 NIGHT BABYMOON PACKAGES

Babymoon Package 1

R 14 885 per couple
R 11 645 Mom Only

- 2 Night stay- incl Dinner, Breakfast & Lunch

Spa Treatments for Mom to Be:

- Full Body Exfoliation
- Preggy Mommy Body Envelopment
- Indian Head Massage
- Preggy Aroma Full Body Massage
- Classic Facial with Eye Treatment & Cooling Toning Mask
- Mom & Tot Bath Oil

And to spoil Dad to be:

- Game Drive
- Elephant Experience

Babymoon Package 2

R 13 475 per couple
R 10 230 Mom Only

- 2 Night stay- incl Dinner, Breakfast & Lunch

Spa Treatments for Mom to Be:

- Full Body Invigorating Body Brush
- 60 Min Preggy Aroma Massage
- 15 Min Indian Head Massage
- Classic Facial with Eye Treatment & Cooling Toning Mask
- Mom & Tot Bath Oil

And to spoil Dad to be:

- Game Drive
- Elephant Experience



1 NIGHT BABYMOON PACKAGES

(Sundays – Thursdays Only)

Babymoon Package 1

R 10 080 per couple
R 7 745 Mom Only

- 1 Night stay- incl Dinner, Breakfast & Lunch

Spa Treatments for Mom to Be:

- Full Body Exfoliation
- Preggy Mommy Body Envelopment
- Indian Head Massage
- Preggy Aroma Full Body Massage
- Classic Facial with Eye Treatment & Cooling Toning Mask
- Mom & Tot Bath Oil

And to spoil Dad to be:

- Game Drive
- Elephant Experience

Babymoon Package 2

R 8 665 per couple
R 6 315 Mom Only

- 1 Night stay- incl Dinner, Breakfast & Lunch

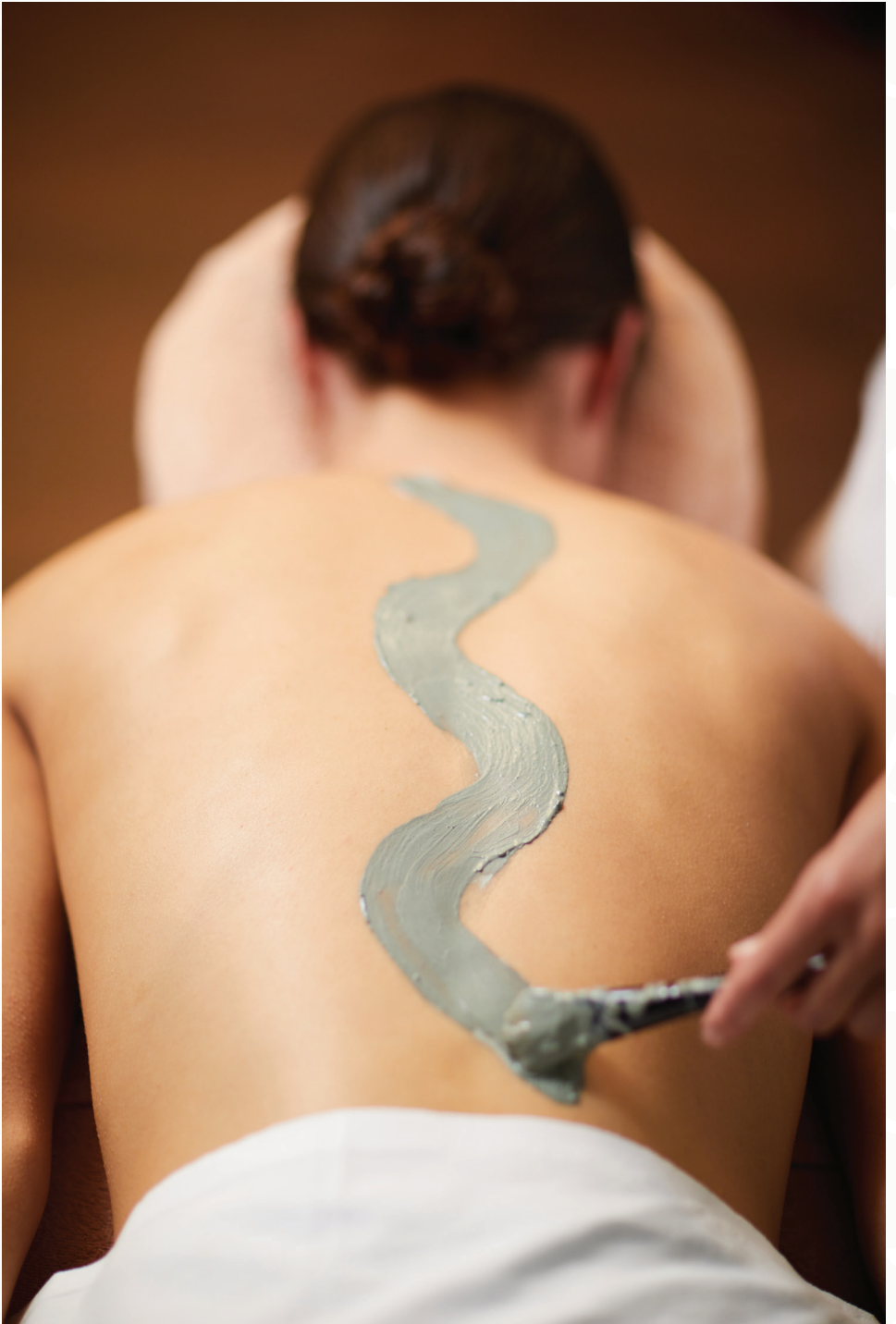
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- Full Body Invigorating Body Brush
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- 15 Min Indian Head Massage
- Classic Facial with Eye Treatment & Cooling Toning Mask
- Mom & Tot Bath Oil

And to spoil Dad to be:

- Game Drive
- Elephant Experience





A wooden tray holds a wooden spoon, a white bowl of cream, a white towel, and a jar of cream, all surrounded by large green leaves. The background is a light-colored, textured surface.

SPA HOURS

Monday – Sunday 08h00-17h00

No children under the age of
12 permitted in the Spa.

CONTACT DETAILS

Tel: 014 577 2658/9

Mobile: 071 101 0583

Email: spa@africanhillslodge.co.za

www.africanhillslodge.co.za