

# Muscle Energy Balance

This personalized treatment will release stiffness and knots from your muscles.

60/90 minutes | \$190 / \$225

## Ayurveda Immune Booster Therapy

Enjoy a unique combination of traditional Indian Ayurveda and Japanese Shiatsu. 60/90 minutes | \$190 / \$225

# Warm Bamboo Massage Therapy

Discover a holistic therapy that calms and energizes you from head to toe. 60/90 minutes | \$190 / \$225

# Ayurvedic Healing Therapy

This ancient Indian Ayurveda therapy will treat your ailments.
60/90 minutes | \$190 / \$245

## Holistic Balance

Try this relaxing head & face detox and reflexology treatment. 60/90 minutes | \$190 / \$225

## Vedic Detox & Relax

Get ready to relax and improve your sense of wellbeing all at once. 60/90 minutes | \$210 / \$245

**Complimentary Lifestyle Consultation**20 minutes

Ready to relax? Email us at mv.reservations@standardhotels.com.