

# CAVE SPA

11am - 7pm

## YCONA SIGNATURE MESSAGES

Signature treatments are the perfect way to pamper yourself during your holiday. Healthy products with natural active ingredients are used to rebalance, refresh and relax your body & mind.

### YCONA SIGNATURE MASSAGE

*Experience pure relaxation with our exclusive Zanzibar Signature Massage – a soothing full-body massage with warm coconut oil and aromatic island spices. This unique combination of African scents and gentle massage techniques will transport you on a sensual journey, allowing your body and mind to completely relax. 60 min - USD 85 / 90 min - USD 120*

### DEEP TISSUE MASSAGE

*This deeply penetrating massage relieves tension, loosens stiff muscles, and promotes circulation. Ideal for athletes or after long journeys to revitalize the body and enhance well-being. 60 min - USD 90 / 90 min - USD 130*

### AROMATHERAPY RELAX MASSAGE

*Gentle, flowing movements and the power of high-quality essential oils such as ylang-ylang, lavender, or lemongrass ensure pure, deep relaxation. This harmonizing massage helps reduce stress, restore inner balance, and calm the mind. 60 min - USD 85 / 90 min - USD 120*

### YCONA PALM MASSAGE

*Healing palm pressure massage with Baobab Oil - Experience the nourishing power of African baobab oil. This nourishing massage provides the skin with intensive moisture, supports regeneration, and has a soothing effect. Ideal for dry or sensitive skin, leaving it feeling smooth and radiant. 60 min - USD 85*



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## BODYS SCRUBS & WRAPS

### SPICED CLOVE & COCONUT SCRUB

*A gentle scrub with exotic spices and nourishing coconut oil from Zanzibar. This luxurious treatment revitalizes the skin, removing dead skin cells and leaving it soft and supple for a radiantly fresh complexion. 30 min - USD 65*

### SEA SALT & LEMONGRASS POLISH

*An invigorating body scrub with mineral-rich sea salt and refreshing lemongrass. It purifies and revitalizes the skin, promotes circulation, and leaves skin feeling velvety soft and refreshed. 30 min - USD 65*

### COFFEE & VANILLA DETOX SCRUB

*A detoxifying and circulation-boosting scrub with local coffee and aromatic vanilla. This invigorating combination stimulates microcirculation, refines the skin's texture, and leaves an irresistibly soft glow. 30 min - USD 65*

### YCONA COCONUT DREAM HYDRATION

*This intensely moisturizing body wrap with nourishing coconut milk pampers the skin and restores its suppleness. Ideal after a day in the sun to relieve dryness and rejuvenate the skin. 60 min - USD 95*

### DETOX SEAWEED WRAP

*Rich in valuable minerals, this detoxifying seaweed wrap has a skin-tightening and purifying effect. It supports the skin's natural cleansing process, improves elasticity, and ensures a fresh, even complexion. 60 min - USD 95*

### ALOE VERA & CUCUMBER WRAP

*This soothing body wrap with aloe vera and cucumber has a cooling and regenerating effect – perfect for soothing sunburn or for sensitive skin. The natural moisturizer leaves the skin refreshed, relaxed, and supple.*

*60 min - USD 95*





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## SPA RITUALS & PACKAGES

### ROMANTIC COUPLE'S ESCAPE

*Indulge in an unforgettable escape for two, beginning with a deeply relaxing 60-minute couples massage. Afterwards, unwind together in our romantic relaxation pods, where a bottle of bubbly awaits. This sensual experience is designed to nurture your connection, soothe the senses, and bring harmony to body, mind, and soul.*

**90 min - USD 205 per couple**

### YCONA SPICE ISLAND RITUAL

*Immerse yourself in the exotic world of Zanzibar with this pampering ritual. A gentle spice scrub optimally prepares the skin, followed by our signature massage that relaxes the body and senses. Finally, a nourishing treatment pampers your skin, leaving it silky soft – a tropical experience for pure relaxation.*

**120 min - USD 180 per person**





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## FACE, HANDS & FEET

### PURE RADIANCE FACIAL

*A unique Healing Earth aromatherapy formulation to relax, purify and hydrate. Pure extracts of clove and neroli combined with a booster and facial massage create ultimate radiance and glow. 60 min - USD 85*

### REVIVE & RENEW FACIAL

*Harnessing the intelligence of bioidentical active ingredients of neroli, marula, ylang ylang to create an invigorating experience for tired and uneven skin. Completed with a signature lymph drainage massage for a radiant, glowing and energized complexion. 60 min - USD 85*

### GENTLEMAN'S FACIAL

*A deep cleansing, exfoliating and balancing treatment for the modern man. Soothes, restores and energizes. Complete with our famous Zanzibar facial products. 60 min - USD 85*

### YCONA LUXURY HAND SPA

*Hands are soaked, skin is gently exfoliated, cuticles are perfected and nails are clipped, reshaped. Optionally selectable fresh nail-coat or Shellac. Finished with a relaxing hand massage. 60 min natural USD 65 - shellac finish USD 85*

### YCONA LUXURY FOOT SPA

*Feet are soaked, skin is gently exfoliated, cuticles are perfected and toenails are clipped, reshaped. Optionally selectable fresh nail-coat or Shellac. Finished with a relaxing foot massage. 60 min natural USD 65 - shellac finish USD 85*





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## INFORMATION & ETIQUETTE

### HOURS OF OPERATION

*Spa Treatments: 10 a.m.- 6 p.m. Hours may vary according to season.*

### PRIOR TO ARRIVAL

*We recommend that you leave all jewellery and valuables in your room before coming to the spa. Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.*

### ARRIVAL

*Please arrive 10 minutes prior to your treatment in order to complete your health assessment questions and take time to relax in the tranquil surroundings of our spa before your treatment. Please be sure to turn off your phone so both you and other guests' relaxation is not disturbed.*

### RESERVATION & CANCELLATION POLICY

*We recommend that you anticipate your treatments by setting an appointment. Should you wish to cancel or reschedule, please advise us at least 3 hours prior to your appointment in order to avoid a cancellation fee (100%). Late arrivals may result in lost treatment time unless our schedule enables us to offer you the full service.*

### SPECIAL CONSIDERATION

*Guests who have high blood pressure, heart conditions, any other medical complications, or are pregnant, are advised to consult their doctors before signing up for any spa services. Kindly inform your spa therapist of any existing medical conditions. If you are pregnant, you must be in the second or third trimester to receive a spa treatment. Alcohol is not recommended before, during, or immediately following spa treatments.*

### CHILD POLICY

*We welcome all guests to the Spa and have a dedicated treatment for children. Please note that guests below 18 years require permission from a parent to book any treatments. Any guest below the age of 16 must be booked in the same massage room as a parent.*