

# Spa Ettiquette

## *Netseteka ujabule*

*Siswati for Relax & Enjoy*

### **Operating Hours**

Monday to Sunday from 09:00 – 16:00.  
Earlier or later appointments can be arranged upon request.

### **Pre-treatment**

An additional 15 minutes is added to the treatment booking time to allow for room set-up and to complete a consultation card.

*Please note, as a courtesy to other guests, appointments will start and end on time.*

### **Treatments**

All treatments are subject to therapist availability.  
Prices are subject to change without prior notice, and are inclusive of VAT.

### **Consultation**

Please inform your therapist of any medical conditions, allergies, or intolerances before your treatment.  
Please note, treatments are not permitted for women within their first trimester of pregnancy.

### **Payment**

All guests are required to pay for their treatment/s by way of signing the treatment/s to their room account. Direct cash payment for treatments is not accepted.

### **Cancellation Policy**

A booking cancellation fee of 50% will be charged on all bookings that are cancelled within 8 hours or less of the appointment time.

### **Cell phone**

In keeping with the serene atmosphere, we kindly request that cell phones are switched off or on silent.

### **Jewellery**

We recommend removing all jewellery before your treatment and putting it somewhere safe in your tent.

### **Disclaimer**

Every person utilizing the spa facilities and equipment on these premises does so entirely at their own risk and agrees that Mdluli Safari Lodge, its management, employees, therapists and/or the Lodge owners, shall not be held liable or responsible, whether jointly or severally, for any loss, injury, damages, claim and/or compensation of whatsoever nature. Such person by utilizing these services, for any reason whatsoever, waives any and all claims against the aforementioned.



# Spa Treatments

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### ***The Traveller***

60 min | R 825

Combining a tension-releasing therapeutic massage on the legs and feet, with a back massage for a relaxing and rejuvenating experience.

### ***Classic Swedish***

60 min | R 650

A classic massage using gentle-to-firm pressure to improve circulation and sore, tired muscles.

### ***Aromatherapy***

60 min | R 715

Combining the power of gentle touch and Amani's signature aroma therapeutic essential balms, this holistic massage brings deep and lasting equilibrium to both body and mind.

***Muscle Ease*** - Peppermint, marjoram & black pepper assist in the recovery time of muscle fatigue, aches, and pains.

***Stress Release*** - A fragrant blend of geranium, bergamot & lavender calm your body to reduce anxiety and stress.

***Sleep Well*** - A delicate blend of lavender, chamomile & geranium creates a state that enhances deep sleep.

***Detox*** - The powerful properties of black pepper, peppermint & bergamot assist in eliminating toxins.

***Immune Boost*** - This uplifting blend of lemon, tea tree and eucalyptus strengthens respiratory health and enhances quality of sleep.

### ***Back, Neck & Shoulders***

30 min | R 385

A rejuvenating massage concentrating on the common areas associated with stress and tension, such as stiff neck, painful lower back, and tight shoulders.

### ***Pressure Point Foot Massage***

30 min | R 385

A relaxing lower leg and foot massage leaving you feeling as though you were floating.

**Gift Vouchers:** Vouchers can be issued for specific treatments or for a specific value. Please enquire at reception.



MDLULI SAFARI LODGE  
*Kruger National Park*

