

MASSAGE AND BEAUTY PACKAGES

Dream on Paradise

1 hours 45 minutes.

Our ultimate relaxation treatment help you to feel refreshed, rejuvenated and invigorated. Let yourself go as you experience a relaxing aroma massage, revitalizing polish.

Package Includes :

Fresh Coconut Polish 45 minutes
Aroma Therapy Massage 60 minutes.

Energize for Men

An energy boosting package designed for guys, including facial specially devised to target male skin issues and deeply relaxing massage to ease muscle tension.

Package Includes :

Deep Renewal 60 minutes.
Thai Oriental Facial 60 minute.

A Touch of Siam

2 hours 30 minutes.

This traditional Thai package starts with Tamarind Body Scrub that cleanses your body and detoxifies your skin. Finally ending with a Thai Herbal Therapy Massage and Foot Reflex Massage.

Package Includes :

Fresh Tamarind body scrub 30 minutes. Thai Herbal Therapy 90 minutes, Foot Reflex Massage 30 minutes

Revitalize

2 hours. 45 minutes

Freshly coffee are scrubbed over your body increases the exfoliating effect An invigorating massage techniques will hot oil help to stimulates cell metabolism, increase blood circulation, removing toxins and reducing excessive amounts of fluid in areas that contain cellulite.

Package includes :

Fresh Coffee body scrub 30 minutes, Paradise Thai Herbal wrap 45 minutes and Anti – Cellulite Massage 90 minutes



SPA TIMES:

Spa Operation hours 10:00 AM - 07:00 PM

SPA RESERVATIONS:

Advance bookings for Spa services are highly recommended to ensure availability. Please book the exact time you have available are required to secure spa appointments.

ARRIVAL TIME:

Please arrive 10 minutes prior to your scheduled appointment time. If this is your first visit to Spa, we will ask you to fill out spa consultation form. This will enable us to tailor your treatment to your specific needs.

LATE ARRIVALS:

Arriving late for your appointment will reduce your treatment time. If you arrive more than 15 minutes late for any treatment, you will be asked to reschedule.

CANCELLATION POLICY:

If you would like to reschedule or cancel your booking, you can do so at any time subject to a minimum of 4 hours' notice. If a cancellation is made less than 4 hours prior to your appointment time, a %50 charge will apply. For all no-shows the full charge for the treatment will apply.

SPECIAL CONSIDERATIONS:

If you are pregnant or have high blood pressure, heart conditions, allergies or any other medical complications, we advise you to consult your doctor before signing up for any treatment. Please ensure our spa therapist is aware of any medical conditions.

VALUABLES:

We recommend that no jewelry be worn at the spa. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises.es to your room account.

Tel: +66 (0) 77 247 228-32

Fax: +66 (0) 77 240 5290

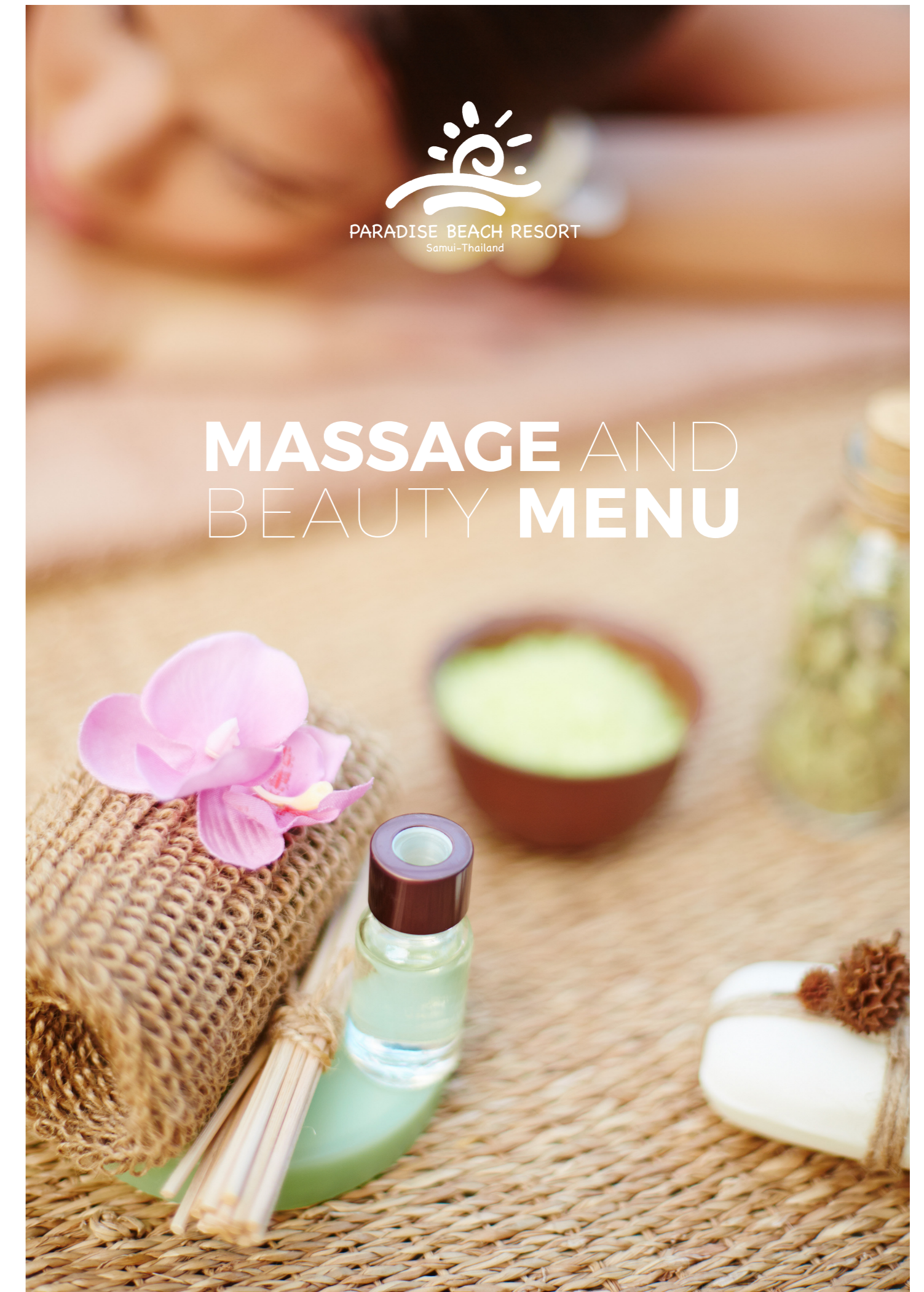
info@samui Paradise beach.com

www.samui Paradise beach.com



PARADISE BEACH RESORT
Samui-Thailand

MASSAGE AND BEAUTY MENU



MASSAGES

Aroma Therapy Massage

60 or 90 minutes.

Rediscover the ancient arts of aromatherapy and experience the healing powers of essential oils as we help you journey towards total relaxation. We use different blends of oils at different times of the day.

Deep Renewal Massage

60 or 90 minutes.

This is a deeper massage which is personalized to your specific needs. This can loosen tense muscles after a long day of activities, sports or travel. This is an effective treatment which increases the circulation and energy flow, leaving you refreshed and back in the game.

Traditional Thai Massage

60 or 90 minutes.

This unique massage therapy from Thailand combines rhythmic massage, acupressure, gentle twisting and deep stretching to aid tension-relief and promote the balance of Qi energy in your body. This is an art with ancient traditions which brings you to feel an extraordinary sense of well-being afterwards.

Hot Stone Massage

120 minutes.

Hot stones stimulate circulation and the transport of oxygen to tired and tense muscles. These ultimate full-body massage with massage oil will restore balance to tired, overworked muscles and limbs, leaving you relaxed, flexible and tension free.

Thai Herbal Compress

90 minutes.

Heat promotes blood circulation and helps the flow of oxygen which can quickly dissolve muscular aches and pains. This treatment combines Traditional Thai Massage with heated herb packs to leave you feeling recharged.

Coconut Hot Oil Massage

90 minutes.

A full body massage that uses heated oil to loosen any trapped nerves and tense muscles. The hot oil also puts less pressure on the heart and encourages better blood circulation to your vital organs.

Aloe Vera Massage

60 minutes.

Aloe Vera Massage treatment providing for after sun skin to relieve pain and inflammation, treat swelling and pampering skin care.

Intensive Head Massage

60 minutes.

Truly relaxing treatment for the mind. Uses to warm coconut oil to gently calm nervous system, release stressing and nourishing for hair and scalp.

Back, Neck and Shoulder Massage

60 minutes.

The massage techniques design to concentrate on back, neck and shoulder. Using deep tissue and pressure point techniques with oil and tiger balm to reduce stress and muscle pain.

Foot Reflex Massage

60 minutes.

A traditional massage technique of applying gentle pressure to the reflex points of the feet. Both deeply relaxing and therapeutic, your body's own healing processes will be stimulated.

Children and Young Adult Treatments

This treatment is designed specifically for our younger guests, using light pressure with the palm of the hand ensuring the care of the skin, joints and muscles. We also use fragrances and gentle oils.

Full Body Massage

45 minutes.

Our full body massage does just as it suggests. With the use of light oils and the palm of the hand we massage your whole body into a perfect state of bliss.



BODY TREATMENTS

Coconut Body Polish

60 minutes.

This is our luscious tropical scrub where we use locally sourced fresh products. Coconut combined with yogurt helps hydrate and balances the skin. The yogurts, containing a natural exfoliate and lactic acid, prepares your skin for the antioxidant rich coconut.

Fresh Coffee Polish

60 minutes.

The aromatic scent and medicinal properties of our Thai coffee will be directly absorbed by the skin. Freshly ground beans are scrubbed over your body increases the exfoliating effect.

Fresh Tamarind & Honey Polish

60 minutes.

Thai people have used tamarind as a natural cleanser for centuries. Containing tartaric acid makes it effective in gently removing dead skin cells. We have modernized the traditional. Recipe with the addition of healing local honey.

Thai Herbal Body Scrub Polish

60 minutes.

Traditional Thai herbs, Turmeric & Plai powder has the ability to maintain and preserve the skin. Anti - bacteria. Stimulate blood circulation. Honey & Yogurt which is highly rich in vitamin E help to keep skin moisturized. Best to all skin types.

Fresh Tropical Wrap

60 minutes.

An exotic treat for your entire body. Enjoy a natural exfoliation using sesame and oatmeal and then relax into a state of bliss as you are cocooned in a body wrap or fresh papaya, pineapple, honey and yogurt. Utilizing the naturally occurring enzymes. Papain and bromelain which mimic alpha-hydroxyl acid, this mildly exfoliating wrap will leave your skin noticeably smoother and revitalized.

Aloe Vera Soother Wrap

60 minutes.

Feel the softly healing and pampering effects of this fresh and soothing product. Aloe Vera is a perfect source for sunburn therapy, comforts wounds, reduces scars as well as encouraging skin rejuvenating by bringing oxygen to cells. Its benefit of being a natural moisturizer is also noticeable. It increases synthesis and strengthens skin, while lavender harmonizes to promote a paradise of relaxation.

Banana Body Wrap

60 minutes.

A sublime blend of fresh banana and honey gives you one of our most gentle Wrap. High Antioxidants and moisturizing oils your skin will not only feel smooth but intensely hydrated.

Paradise Thai Herbal Body Wrap

60 minutes.

Perfect paradise body wrap for you with the best Thai herbs to drainage and detoxify your body. White mud with the herbal powder is suitable for oily skin and helps firming your body. The treatment will leave your skin bright and feels softer.

FACIALS

Aroma Therapy Natural Facial

60 minutes.

Restore a natural radiance to your face and ease the tension in your neck and Shoulders with the combination of revitalizing products and soothing facial massage. This treatment is appropriate for all skin types and uses all natural facial ingredients.

After Sun Colling Facial

60 minutes.

For a real comforting break, this facial skin care combines technology and efficiency, using Specific techniques developed for sensitive skin. We use products, highly concentrated with active ingredients to soothe skin. This technique uses the cooling effect to calm skin irritations and heat. The vasoconstrictor narrows blood capillaries and reduces redness.

Thai Oriental Facial

60 minutes.

Traditional Thai beauty uses a fully sterilized cream made from the Thai herb clean and smoothest away dead skin giving rejuvenation and radiance promotes skin renewal with a prevention process and suitable for all skin types.



BEAUTY

Basic Manicure and Pedicure Each

• Manicure 60 minutes.

A classic manicure where we will groom cuticles and hands, shape your nails and finish with your choice of a natural buff or polish.

• Pedicure 60 minutes.

Treat your feet to some intensive care where we remove dead skin buildup, tend to your cuticles and shape your nails. A natural buff or polish is your choice. Your feet will look great. Our Basic treatment includes: Nail Cut, Cuticle Cut, File, Scrub, and Polish.

** For French polish add THB 100*



WAXING

Using a hygienic roll-on hot wax system

Lip/ Chin
Facial Eyebrow
Under Arm
Bikini Line
Half Leg
Chest
Full Arm
Full Leg
Back
Brazilian Wax